

Aaroh



THAI SPA



Full Body Traditional Thai Massage (Dry Therapy)

It is a combination of yoga elements, shiatsu and acupressure.

60 minutes	2000
90 minutes	2000 3000
120 minutes	3000

Full Body Aroma Therapy Massage (Oil Therapy)

Use of oil and massage gives relaxation along with impact on mind, body

60 minutes	2200
90 minutes	3000
120 minutes	3500

Foot Reflexology

Reflexes in the feet balances the body and relaxation.

30 minutes	1000
60 minutes	1700

Specific Therapy (Back & Shoulder / Head & Shoulder)

This therapy relieves sore muscles and increases energy flow

30 minutes	1000
60 minutes	1700

Body Polish - Lemon Grass Salt Glow

Vitamin E rich and anti oxidant properties of Lemon brings glow to skin

30 minutes	2000
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Body Polish - Raw Brown Sugar & Coffee

Raw brown sugar removes dead skin cells gently.

30 minutes	2000
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Body Scrub - African Cocoa Butter

Vitamin E rich Crushed Cocoa and Butter promote skin renewal.
Aroma of Cocoa polishes the glowing new skin.

30 minutes	2200
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Full Body Swedish Massage (Oil Therapy)

In this massage, circular pressure applied. Bending and stretching, thus giving pressure on muscles.

60 minutes	2500
90 minutes	3200
120 minutes	3900

Full Body Deep Tissue Massage (Oil Therapy)

Applying deep pressure on muscles and connective tissues and improves the spirits

60 minutes	2500
90 minutes	3300
120 minutes	4200

Full Body Cellulite Oil Therapy

Natural aroma oil massage activates slimming and anti - cellulite process.

60 minutes	2500
90 minutes	3500
120 minutes	4000

Relax Pack

Aroma / Deep Tissue / Swedish (50 Mins)
Foot Reflexology (30 Mins)
Head Massage (30 Mins)

120 minutes

4200

Rejuve Pack

Aroma / Deep Tissue / Swedish (50 Mins)
Body Scrub (30 Mins)
Head Massage (30 Mins)

120 minutes

4700

Baliness Massage (Dry and Oil Therapy)

This massage gives deep tissue treatment. It stimulates flow of blood, oxygen and energy around your body as a result of gentle stretch, acupressure, aroma therapy.

45 minutes	2000
60 minutes	2700
90 minutes	3200
120 minutes	3900

Full Body Four Hand Massage

Two therapies work on one client using synchronised movement

60 minutes	4500
90 minutes	6000

Therapy Combinations

60 min Thai + 60 min Aroma Therapy	3500
60 min Thai + 60 min Sweedish Therapy	4000
60 min Thai + 60 min Deep Tissue Therapy	4300

